

APPRENTICESHIPS ACTIVITY PHYSICAL EDUCATION (PE)

TEACHER ACTIVITY GUIDE

Please use this activity sheet to encourage your students to think about apprenticeships. The task has been designed to be adaptable to students at all levels, and also to support Gatsby Benchmark 4: Linking curriculum learning to careers.

Aims and Objectives

The aims of the session are for students to:

- Develop an awareness of apprenticeships available that relate to PE.
- Learn more about PE related apprenticeships.

Students will be better able to:

- Consider a PE-related apprenticeship and understand what it might involve.

How it works



Download the accompanying activity resources from amazingapprenticeships.com



Read through the activity and home learning idea.



Make a plan for when you will deliver your lesson.

Activity

30 MINS

APPRENTICESHIPS IN SPORT

Main activity

- If in a classroom, you may find it useful to use the accompanying PowerPoint and student worksheet.
- Designate two areas for students to be able to run/move to. Label one true and one false. If there are mobility needs in the class, please adapt this activity as you wish.
- Call out the list of real and fake sports related apprenticeships (see the next page), and ask students to run or move to the true/false area.
- Read the information about each example to the group before moving on to the next. Ask students to return to the middle before you read the next one.
- Students could be encouraged to go to the true/false area in different ways e.g. running, hopping, skipping, bouncing a ball, as an animal etc.

Reflection task

- Ask students if any of the apprenticeships interest them and why.

Home Learning

Research a sports related apprenticeship from the list we heard today, or visit the site <https://www.instituteforapprenticeships.org/apprenticeship-standards/>

Create a poster / factsheet that we could use around the PE department to raise awareness of sports apprenticeships.

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TRUE / FALSE EXAMPLES TO READ OUT

Use the following examples of apprenticeship job roles to read out to the group.

True or false?

Sports turf technician

True! They maintain and renovate pitches to make sure they are available for use.

Community activator coach

True! They plan, lead and coach physical activities for people of all ages in the community.

Data Analyst

True! They collect, organise and study data to provide business insight.

Extreme sports equipment professional

False! This is not an apprenticeship.

Leisure team member

True! They support the day to day operations and services of a leisure or fitness facility.

Commentator

False! This is not an apprenticeship.

Bench maintenance technician

False! This is not an apprenticeship.

Outdoor activity instructor

True! They supervise and guide children and adults in outdoor activities.

Personal trainer

True! They coach clients (1:1 and small group basis) towards their health and fitness goals.

Cheerleader

False! This is not an apprenticeship.

Sporting excellence professional

True! This is the apprenticeship used by professional sports people in cricket, football, rugby league, rugby union and equestrianism.

Sports coach

True! They use sports knowledge and skills to create and deliver coaching programmes.

Sports team supervisor

False! This is not an apprenticeship.

Physiotherapist

True! They help people affected by injury, ageing, illness or disability.

Referee

False! This is not an apprenticeship.

Sports equipment technician

False! This is not an apprenticeship.

Nutritionist

Nearly This apprenticeship is currently in development with the Institute for Apprenticeships and Technical Education.

(Sports) journalist

True! They find and tell stories and inform the public. You could specialise in Sport.