

Parents' Pack

Apprenticeship Information



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ASK ABOUT APPRENTICESHIPS

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ASK

Apprenticeship Support
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for schools and colleges

Amazing
Apprenticeships

First day in a new job

Useful advice from some current apprentices

The first day of a new job can feel a bit overwhelming for anyone, but especially if it is your first time entering a professional work setting. If your child is about to start an apprenticeship, share these words of encouragement from some real apprentices, who have all been in your child's position recently. Remember, you can always encourage your child to contact the employer before they start, if there is something that is making them particularly anxious.



Always be prepared

The first day is always scary! I treated it like the first day of school and made sure I had my outfit chosen and bag packed the night before - then I didn't have to panic in the morning!

Jack, Bristol



Nobody's perfect

No one will expect you to be perfect at your job on your first day. An apprenticeship is all about learning, so don't worry about getting things wrong. There have definitely been times when I've worried about getting something wrong but my line manager is really lovely and has always helped me out.

Ellie, Southampton



Get social

Keep up to date on the company's latest updates, follow them on social media and listen for any updates in the news. This will help you feel in the loop and ready for your first day.

Faisal, Rochdale



Be an early bird

If you're worried about being ready in time, make sure you go to bed early and get up before you think you should. Then you can get ready without rushing and make sure you don't miss your bus. You don't want to be late on your first day.

Miles, Somerset

