



**Karolina Bielinska**

**NURSING ASSOCIATE**



### WHAT APPRENTICESHIP ARE YOU DOING?

Nursing Associate, Level 5 (Higher)

### WHAT'S YOUR JOB?

Nursing Associate is a new role for the NHS. I look after patients exactly as a Registered Nurse would do. I am allocated patients to work with and I will issue their morning medications, take their vital observations, work with doctors, nurses, physiotherapists and other members of the multi-disciplinary team to ensure they get the care and treatment that they need. The only thing I don't do is IV fluids and controlled drugs, as this is for Registered Nurses only.

### WHAT IS THE MOST EXCITING PROJECT YOU HAVE WORKED ON?

We are the first group of Nursing Associates in the hospital. I made a 45 page guidance booklet to support apprentices who were new in their role. My line manager really loved it so I worked with a Nurse to add more information in and it is now used as a best practice refresher guide for Registered Nurses and all new staff.

### WHAT IS YOUR PROUDEST MOMENT WITH YOUR COMPANY?

I started working in hospital because of nurses looking after my mum. Now, I can say that nurses I work with enrich me as a person and as a nursing associate. Their patience and humbleness and care to those under their care is a never-ending inspiration. I hope that in the future I will progress my nursing career and will be able to support and mentor future generations of nursing associates and nurses on their path. I also hope that one day I inspire someone, as I was inspired.

**"NURSING IS A CAREER FOR EVERYONE.  
IT BRINGS OUT THE BEST IN PEOPLE!"  
KAROLINA BIELINSKA**



**Ryan Donaldson**

**NURSE**

**NHS**

**Lincolnshire Community  
Health Services**  
NHS Trust



### WHAT APPRENTICESHIP ARE YOU DOING?

Registered Nurse Degree Apprenticeship (Hons), Level 6

### WHAT'S YOUR JOB?

My job role consists of providing quality, effective, patient centred care. Demonstrating dignity, compassion, and empathy. I give out medications with supervision and can complete practical skills such as taking blood, inserting cannulas and performing electrocardiograms.

### WHAT IS THE MOST EXCITING PROJECT YOU HAVE WORKED ON?

I have recently worked on a pilot telehealth scheme. This consisted of patients getting an adapted telephone at home that when they picked up, was able to read their temperature, O2 saturations, pulse rate and give an electrocardiogram reading. This is still a work-in-progress to research the reliability of these products and to see if they would help in providing more efficient community care.

### WHAT IS YOUR PROUDEST MOMENT WITH YOUR COMPANY?

My proudest moment since starting is being able to continue my studies and passing my dissertations during the coronavirus pandemic. This has been very challenging trying to keep my focus on studying and progressing through the degree course.

### WHICH MALE HAS INSPIRED YOU AND WHY?

**SIR DAVID ATTENBOROUGH** Still doing what he loves at 94 years old, what an incredible man! Not that I want to still be nursing at that age, but it proves that longevity can come if you do something that you enjoy.

**"WE NEED MORE MALES. NURSING IS VERY STEREOTYPICALLY FEMALE. BE YOURSELF AND YOU WILL ACCOMPLISH GREAT THINGS"**  
**RYAN DONALDSON** 17