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SARWAT IMBESAT

NURSE APPRENTICE



NHS
North East
Ambulance Service
NHS Foundation Trust



WHAT IS YOUR JOB ROLE?

At present, I am a Qualified Registered Nurse in Band 5 after the completion of the Registered Nurse Degree Apprenticeship

WHICH APPRENTICESHIPS HAVE YOU COMPLETED?

I have completed the following:
Level 3 – Senior Healthcare Support Worker and
Level 5 - Nursing Associate Apprenticeship
Level 6 – Registered Nurse Degree Apprenticeship

WHAT DO YOU DO?

My role is varied and includes: patient assessment, history taking, planning, implementing and evaluating patient care. I assist with personal care to support activities of daily living. I assist with mobilising to gain baseline independence, monitoring medical conditions, measuring vital signs and responding to any changes in conditions. I administer medications and arrange the ordering and storage of medication. I communicate with families and carers of the patient, and also multi-disciplinary teams, taking part in decision making with clinicians and other healthcare professionals to provide best possible treatment and outcomes.



WHAT DO YOU DO? (CONTINUED)

Other roles include collecting specimen samples, cannulating, catheterisation, palliative care, documentation and supporting hospital discharge to ensure safe discharge home or to other healthcare settings. In addition, I support and supervise junior colleagues including apprentices, sharing knowledge and clinical skills for safe practice and many other clinical tasks.

WHAT IS THE MOST EXCITING PROJECT YOU HAVE WORKED ON?

I participated in a recruitment team panel for interviewing potential healthcare assistants for various wards at WPH, published a 'Case Study' for National Apprenticeship Week in 2022, and took part in a 'Tea and Talk' meeting that included apprentices and the Trust's executive team members for discussing their personal and professional perceptions and sharing apprenticeship support to career journey on a platform.

Another exciting task is to be an ambassador for the Trust on the HCSW forum of Q&A session. In this forum I was able to share my apprenticeship learning journey from Band 2 to Band 4 and my professional qualification to be a registered nurse for Band 5.

I am lucky that I had an opportunity to film my experience to motivate others for the apprenticeship by the workforce learning and development team of the Trust.

WHAT IS YOUR PROUDEST APPRENTICESHIP MOMENT?

There are many occasions when I have felt proud throughout my apprenticeship learning for nursing practice. Firstly, both the Graduation ceremonies for the Health and Social Care Level 3 diploma and Training Nursing Associate Level 5 Foundation Degree of Nursing and more recently my trust graduation ceremony when I qualified as a Registered Nurse.

Secondly, the moment when I received the award as a Senior Health Care Support Worker 'Apprentice of the Year 2022' from Frimley Health NHS Foundation Trust. Thirdly, I was nominated for the 'Rising Star of The Year' category for the National Apprenticeship Awards (South East region).

Finally, I feel honoured and proud to be named in the A-Z Flashcard Pack.



WHICH FEMALE INSPIRES YOU AND WHY?

Firstly, Her Majesty Queen Elizabeth II. A natural role model, a shy but courageous person and a Royal leader to all.

Secondly, Benazir Bhutto, a Pakistani politician born in my hometown in 1953. She was the pioneer of female political leaders in modern Muslim nations, ending the taboo of female leadership in male-dominant Muslim society and culture.

SELF-AWARENESS CAN BE ACHIEVED AT ANY AGE, SO NEVER STOP LEARNING IN YOUR LIFE BECAUSE KNOWLEDGE IS THE WEALTH THAT INCREASES BY SHARING.

