

Pp

LAUREN KAY

PARAMEDIC APPRENTICE



**NHS**  
North East  
Ambulance Service  
NHS Foundation Trust



## WHICH APPRENTICESHIP ARE YOU DOING?

BSc Paramedic Practice Apprenticeship.

## WHAT LEVEL IS YOUR APPRENTICESHIP?

Degree (level 6).

## WHAT DO YOU DO?

I work full time for the ambulance service as a paramedic apprentice. My working time is split between university, placements and working on ambulances as part of a crew. I attend university lectures, take exams and complete assignments.

## WHAT IS THE MOST EXCITING PROJECT YOU HAVE WORKED ON?

There's too much to choose from - it's such an exciting job! I loved learning to drive on blue lights, but learning to carry out clinical interventions like airway management and vascular access was also fun.



## WHAT IS YOUR PROUDEST APPRENTICESHIP MOMENT?

The first time I managed a patient's care from beginning to end, with no input from my paramedic mentor.

## WHICH FEMALE INSPIRES YOU AND WHY?

My mum! She's such a strong woman and has always taught me and my sisters that anything is achievable if you're willing to work for it.

**“ YOU ARE CAPABLE OF SO MUCH MORE  
THAN YOU THINK YOU ARE. ”**

